"GET BETTER AT DEALING WITH DIFFICULT PEOPLE"

with

Rev. Sarah Moore-Nokes

Saturday, January 18, 2025 9:00 AM – 12:00 PM on ZOOM



Course Description:

Who are the challenging people in your life? We've all got them - a co-worker, a board member, a family member, a church member - they get under our skin, take us by surprise, and sometimes undermine our leadership. Join your colleagues and facilitator for some lively learning and skill-building to be better equipped to deal with difficult people.

We'll consider power dynamics, social capital, and decision making in organizations powered by volunteers. We'll practice bite-sized strategies for navigating challenging situations and we'll have some fun along the way.

Facilitator: Sarah Moore-Nokes is a pastor in the Presbyterian Church (USA), a consultant, and an ICF certified coach (ACC), drawing on her previous experience in mid-council ministry, human resources, and organizational development. Sarah has served in judicatory positions in the Presbyterian Church (USA) and has held leadership positions regionally and nationally. When she's not working, you can find her gardening, parenting, knitting, cooking, reading, and running. She believes that everyone should have at least one really hard thing to work on at any given moment - currently hers is economic justice as a volunteer program advocate for an initiative called Restorative Actions (restorativeactions.org).

Registration deadline: Friday, January 10 Cost: \$20, due with registration

To register and pay online, go to <u>www.wvpresbytery.org</u>.

To pay by check, complete the form below and return it with a check to: Presbytery of West Virginia, c/o Susan Sharp Campbell, 683 Dwyer Lane, Lewisburg, WV 24901.

Questions? Contact Susan Sharp Campbell at susan_sharp_campbell@hotmail.com or 304-667-9428.

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